



## Event Agenda

### **5:30pm – 8:00pm - Friday, October 5<sup>th</sup> - Book Signing**

Stop by the Gran Fondo bike shop in Nashville on Friday night from 5:30pm - 8:00pm for a special book signing with our guest speaker Chris Carmichael. Gran Fondo is located at 5205 Harding Road in Nashville.

### **10:00am – 12:00pm – Saturday, October 6<sup>th</sup> - TBRA Group Rides**

This year's TBRA ride will feature both a road and a mountain bike ride. The road route will cover 40 miles of our beautiful miles of Middle Tennessee roads at a nice, conversational pace. The mountain bike ride will traverse the popular trails at Chickasaw Trace Park. Come and join your friends for a beautiful morning ride. Everyone is welcome. Both rides are sure to draw a crowd so arrive a few minutes early and be prepped and ready to ride at 10:00am CST.

### **12:30pm – 1:30pm TBRA Luncheon**

To give the event the picnic flair, lunch will be catered by Whitt's BBQ and Bread & Company. Soft drinks and water will be available. Bring only your appetite!

### **1:30pm – 4:00pm Chris Carmichael and Awards Presentation**

Distinguished guest Chris Carmichael will give us an opportunity to hear from an authoritative voice on the sport of cycling. We will end the day with awards presentations.

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### **Directions**

From I-65: take Exit 46 and go west on 412. Continue on 412 for 11 miles and exit right on New Hwy. 7 and right again at the end of the exit toward Dickson. Entrance to the park is approximately 4 miles on the left.

From I-40: take Exit 172. Go south on Hwy 46 that eventually becomes Hwy. 7. Stay on Hwy. 7 south for approximately 20 miles. The park is on the right just after the village of Athendale.

### **Parking**

Take the first left entering the park, then veer left as the road splits. Continue on the road so that you reach the back shelters. Volunteers will be present to help direct you to park.